

OK here we go girls. here is what you need to have to make a criss cross hat

1 yard of satin material will make two hats

1Pack Window Air Conditioner Insulating Seal 2 ¼" thick X 2 ¼" wide X 42" long (Sold at Wal Mart) - this will make two hats

Box cutter

Glue Gun

Glue sticks

Scissors

Tape measure or ruler

Embellishments of your choice

1. Cut material into 3 - 5.5" wide strips (approximate-can be 5- ish too). Then cut off 8" off the length.
2. Cut off 8" off the length of each strip of Window Air Conditioner Insulating Seal. Cut the insulation in half and then cut each half in 3 equal sections. It takes 3 strips to braid
3. Take two of the 8" cut off satin strips and face two shiny sides together. Throw the other away. Cut off 1" in width and sew ¼ seams leaving the non cut side open to turn over. Cut corners and turn material over. Flatten seam and glue or sew opening shut. I used the non cut side to glue (sew) together giving a more even closure. Set aside.
4. Hot glue each strip of material to each of the three strips of insulation. Glue one side flat and the other side be sure to make a fold over. This material will be somewhat loose, be sure your seams are all on one side; this will be your back side.
5. Hot glue two of the covered strips together at the end where there are no ravel. (I have learned since I wrote this up if you will go for the 5 1/2 wide and tear the material it will not ravel.)
6. Hot glue the last covered strip to the top of the two you just glued side by side. Make it nice and flat
7. Begin to braid your three covered strips. I find the braid is prettier if you braid to the back instead of the front and you can control the back (seam) side better.
8. Toward the end of your braid, measure on your head the desired tightness and hot glue your braid. Be careful not to put any glue anywhere else but in-between your braid. You do not want glue all over your beautiful hat band. Cut off excess length. Make a nice flat ending and if you have to cut off some foam so it's not too thick.....it's all good. (I have since learned too to make your hat a little tight as it will stretch over time)
9. Match up your ends and check the size on your head one more time. you may want your hat band to be tight; you may want your hat band to be loose. Hot glue it and again be sure not to put the glue other than in-between the braids.
10. Now hot glue your cover band over the connected area to hide all our sins.....LOL glue one end at a time. try to keep your seams straight. Finish.....now wear your hat band with pride because you made it. And it's a good inexpensive gift to make for friends too.....